



PRESS RELEASE

MICHELIN GUIDE

Boulogne-Billancourt, November 30, 2021

**432 restaurants recommended to celebrate the 15th edition of the MICHELIN Guide Tokyo together with the gastronomic excellence of the Japanese capital.**

- The MICHELIN Guide Tokyo celebrates its 15th edition
- 3 new two Star restaurants, 20 new one Star restaurants and 8 new MICHELIN Green Star restaurants in the new awards for 2022
- The Special Service and mentor Chef Awards are presented for the first time

Michelin is pleased to present the 2022 edition of the MICHELIN Guide Tokyo. With a total of 432 restaurants recommended, including 12 three Star restaurants, 41 two Star restaurants, 150 one Star restaurants and 229 Bib Gourmand restaurants, this new selection is an enthusiastic celebration of the 15th edition of the Guide devoted to the Japanese capital.

The MICHELIN Guide Tokyo, the first edition of the MICHELIN Guide to cover an Asian destination, was revealed for the very first time in 2007: it then referenced some 150 MICHELIN-star restaurants, recommended in 15 categories of cuisine. Today, the 2022 Tokyo edition of the counts 203 MICHELIN-star establishments and 229 Bib Gourmand restaurants, celebrates 36 styles of cuisine, promotes the particularly committed sustainable initiatives of 14 restaurants with the MICHELIN Green Star and, with the launching of two new special awards, encourages the professional mentoring and know-how related to hosting and dining room service. All are illustrations of the dynamism and level of excellence of the local gastronomic scene which the MICHELIN Guide inspection teams have pleasure in witnessing and promoting.

"The year 2021 was both particularly complex for the hotel industry staff and for the Japanese restaurant business. Nevertheless, in spite of the challenges, the chefs, cooks, hosting and service professionals have demonstrated the outstanding commitment desired by gourmets and we would like to congratulate them", comments Gwendal Poullennec, International Director of MICHELIN Guides.



PRESS RELEASE

MICHELIN GUIDE

"The 2022 edition celebrates the 15th selection of restaurants for the MICHELIN Guide Tokyo; a selection of awards that brilliantly reflects the very high gastronomic level of the recommended restaurants, the diversity of addresses and also the growing commitment for a sustainable gastronomy emphasized by the MICHELIN Green Star. The 2022 edition of the MICHELIN Guide Tokyo most certainly demonstrates how much the Japanese capital features among the most attractive on the world gastronomic scene. "

### **12 three Star restaurants, 3 of which have been at the top of world gastronomy for 15 years**

All the three Star restaurants highlighted in the 2021 edition of the MICHELIN Guide Tokyo keep their awards this year. They continue to make Tokyo the town in the world that has the most restaurants "worth the trip", and the 2022 awards list **Kanda, Quintessence** and **Joël Robuchon**, whose unique cuisine and exceptional refinement have led the Guide's inspectors recommend these addresses with three MICHELIN Stars for the 15th consecutive year.

### **3 restaurants are promoted from one to two MICHELIN Stars**

At **ASAHINA Gastronome**, the chef Satoru Asahina and his team offer a particularly creative and elegant French cuisine. Revisiting certain Japanese traditions with a French twist, - for example the consommé that accompanies the main dish, inspired by the Japanese custom of serving hot soup at the end of the meal -, the chef also displays a very high level of know-how on sauces, trimmings and presentation.

Well-known to our teams of inspectors, **Nihombashi-kakigaracho Sugita** is distinguished with a second MICHELIN Star. On the counter where customers are invited to dine opposite the chefs or in a private room, the master Takaaki Sugita serves nigiri and other sushi in the Edo style which are distinguished by a particularly generous topping. The vinegary and slightly sour rice goes perfectly with the alosa with gizzard, one of the chef's signature dishes.

**Crony**, whose name means "long-standing friend" in Japanese, offers an experience where hospitality and treats are the key words. Starting with a cup of tea that varies according to season, the menu devised by chef Michihiro Haruta takes its inspiration from French tastes and techniques. Minimalist and harmonious both in taste and in colors, Crony's dishes express a very special attention to product seasonality and demonstrate a good dose of creativity.

In all, with the addresses whose distinction is confirmed, the MICHELIN Guide Tokyo 2022 references 41 two MICHELIN-star restaurants.

### **20 new restaurants awarded a MICHELIN Star**

In spite of the particularly difficult health and economic context in Japan, the MICHELIN Guide inspectors noted the opening of many restaurants throughout the year. The 2022 edition reflects this and 20 new restaurants join the selection with one MICHELIN Star. Among these, **Sorahana**, led by chef Kanako Wakimoto, offers a cuisine where ingredients with natural flavors are at the heart of the dishes. Thus, the plate of sazae shellfish, from close to the Miura peninsula and deep-fried, impressed our inspectors' palates with its nori and iodine flavors



PRESS RELEASE

MICHELIN GUIDE

At **WASA**, gourmets will enjoy Cantonese and Sichuanese specialties, here give an innovatory and top class make-over by chef Masataka Yamashita.

Lovers of tempura will enjoy a real treat at **Ten Yokata** or **Tempura Yaguchi**, while **Sushi Kojima**, **Sushi Masashi**, **Sushi Matsuura** and **Sushi Ryujiro** are distinguished for the excellence, the delicacy and authenticity of their sushis.

French cuisine is also very well represented in this new edition with no less than 5 restaurants joining the selection with one MICHELIN Star. **Floraïson**, **L'ARGENT, est**, **SEZANNE** and **Nœud. TOKYO**.

**Chukasoba Ginza Hachigou**, a restaurant specialized in the preparation of ramen and recommended with a Bib Gourmand in the 2021 edition of the MICHELIN Guide Tokyo, is promoted and awarded a MICHELIN Star.

In all, 150 addresses are recommended with one MICHELIN Star in the MICHELIN Guide Tokyo 2022.

### **8 new MICHELIN Green Stars to recognize and encourage the sustainable initiatives of particularly committed restaurants**

Awarded for the first time in the 2021 MICHELIN Guide Tokyo, this year the MICHELIN Green Star highlights the efforts and actions of 8 new particularly committed restaurants with a more sustainable gastronomic model: **Crony**, **Den**, **FARO**, **La Paix**, **L'OSIER**, **Ma Cuisine**, **Noeud. TOKYO** and **Sazenka**.

The MICHELIN Green Star promotes establishments that combine culinary excellence and remarkable commitments. It is awarded on a yardstick of field work, research and discussion led by inspectors from the Guide.

In addition to guiding diners to these addresses where singular dining experiences are offered, the MICHELIN Green Star highlights restaurants that are a real source of inspiration and mobilization both for gourmets and for professionals in the sector.

In all, the MICHELIN Guide Tokyo references 14 restaurants awarded a MICHELIN Green Star.

### **A fine selection for 2022 of Bib Gourmand restaurants with 35 new addresses.**

The Bib Gourmand, an award designed to highlight quality restaurants with an interesting quality-price ratio, again this year offers a rich and eclectic selection of 229 restaurants to discover. All these addresses illustrate the dynamism of the town in the restaurant business in terms of quality and accessibility. With 35 new addresses, Tokyo further confirms its reputation as a world gastronomic destination. Among the new addresses, **Katsuo Shokudo** offers dishes that feature bonito, one of the star products in traditional Japanese food culture while **Ăn Cơm** offers Vietnamese specialties, **Gracia GASTROBAR de Barcelona** Spanish flavors.



PRESS RELEASE

MICHELIN GUIDE

## Two special Awards awarded for the first time in the MICHELIN Guide Tokyo

For the first time, the MICHELIN Guide Tokyo introduces two special MICHELIN awards - the Mentor Chef Award supported by Blancpain and the Service Award supported by Mitsui Fudosan. These awards aim to highlight the talent and devotion of dedicated professionals, passionate about their profession and committed to offering their customers memorable gastronomic experiences.

### MICHELIN Mentor Chef Award

The chef Hiroyuki Kanda heads Japanese Kanda restaurant awarded three MICHELIN Stars for the last 15 years. Experienced and highly respected, chef Hiroyuki is a model, concerned with passing on his know-how to young generations, while preserving a balance between tradition and culinary creation.

### MICHELIN Service Award

The Service Award is awarded to an exceptional professional, Mayuka Arai. In French restaurant **Hommage**, two MICHELIN Stars and located in the center of Asakusa, Mayuka Arai, always wearing the kimono, applies herself to passing on a slice of Japanese culture. Warm and convivial, she welcomes diners with much hospitality and elegance in this original establishment, which offers to take dishes to young mothers after the birth of their baby, or a crèche for mothers from families with professional obligations.

## The MICHELIN Guide Tokyo 2022 at a glance:

- 12 restaurants 🌟🌟🌟
- 41 restaurants 🌟🌟 (including 3 promotions)
- 150 restaurants 🌟 (including 20 new and one promotion)
- 229 restaurants 🍷 (including 35 new)
- 14 MICHELIN Green Star restaurants (including 8 new)

You can find the complete selection from the MICHELIN Guide Tokyo below, on the official MICHELIN Guide website <https://guide.michelin.com> and on the App, available free of charge for iOS and Android:





PRESS RELEASE

MICHELIN GUIDE 

Michelin's ambition is to sustainably improve its customers' mobility. The leader in the mobility sector, Michelin designs, manufactures, and distributes the tires best suited to their requirements and uses as well as services and solutions to improve transport efficacy. Michelin also puts forward offers that allow its customers to enjoy unique moments when traveling. Michelin also develops high-technology equipment intended for multiple fields. Based in Clermont-Ferrand, Michelin is present in 170 countries, employs 123,600 people and operates 71 tire factories that, together, produced approximately 170 million tires in 2020. ([www.michelin.com](http://www.michelin.com))

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## MICHELIN Guide Tokyo 2022 Selection list

	Total
<b>Selection Total</b>	<b>432</b>
	<b>12</b>
	<b>41</b>
<b>P: Promoted restaurants</b>	<b>3</b>
	<b>150</b>
 New entry in the guide	<b>20</b>
<b>P: Promoted restaurants</b>	<b>1</b>
	<b>229</b>
 New entry in the guide	<b>35</b>
 Green Star restaurants	<b>14</b>

MICHELIN GUIDE



Name of the restaurant		/ 	Type of cuisine	District
Quintessence	カンテサンス		French	Shinagawa-ku
Makimura	まき村		Japanese	Shinagawa-ku
Kagurazaka Ishikawa	神楽坂 石かわ		Japanese	Shinjuku-ku
Kohaku	虎白		Japanese	Shinjuku-ku
Sushi Yoshitake	鮨 よしたけ		Sushi	Chuo-ku
L'OSIER	ロオジエ		French	Chuo-ku
RyuGin	龍吟		Japanese	Chiyoda-ku
Azabu Kadowaki	麻布 かどわき		Japanese	Minato-ku
Kanda	かんだ		Japanese	Minato-ku
Sazenka	茶禅華		Chinese	Minato-ku
L'Effervescence	レフェルヴェソンス		French	Minato-ku
Joël Robuchon	ジョエル・ロブション		French	Meguro-ku



Name of the restaurant		/ 	Type of cuisine	District
Jingumae Higuchi	神宮前 樋口		Japanese	Shibuya-ku
Den	傳		Japanese	Shibuya-ku
Tentempura Uchitsu	天てんぷら うち津		Tempura	Shibuya-ku
Florilège	フロリレージュ		French	Shibuya-ku
Kaiseki Komuro	懐石 小室		Japanese	Shinjuku-ku
Sushi Kimura	すし 磊邑		Sushi	Setagaya-ku
HOMMAGE	オマージュ		French	Taito-ku
Nabeno-Ism	ナベノイズム		French	Taito-ku
ASAHINA Gastronome	アサヒナガストロノーム	P	French	Chuo-ku

GUIDE MICHELIN

ESqUISSE	エスキス		French	Chuo-ku
Ginza Kojyu	銀座 小十		Japanese	Chuo-ku
Ginza Shinohara	銀座 しのはら		Japanese	Chuo-ku
Ginza Fukuju	銀座 福樹		Japanese	Chuo-ku
Kutan	久丹		Japanese	Chuo-ku
Kobikicho Tomoki	木挽町 とも樹		Sushi	Chuo-ku
Sawada	さわ田		Sushi	Chuo-ku
Sushi Kanesaka	鮨 かねさか		Sushi	Chuo-ku
ZURRIOLA	スリオラ		Spanish	Chuo-ku
Tempura Kondo	てんぷら 近藤		Tempura	Chuo-ku
Nihombashi-kakigaracho Sugita	日本橋蛸殻町 すぎた	P	Sushi	Chuo-ku
Harutaka	青空		Sushi	Chuo-ku
BEIGE Alain Ducasse	ページュ アラン・デュカス		French	Chuo-ku
Kioicho Fukudaya	紀尾井町 福田家		Japanese	Chiyoda-ku
Akasaka Kikunoi	赤坂 菊乃井		Japanese	Minato-ku
Usukifugu Yamadaya	臼杵ふぐ 山田屋		Pufferfish	Minato-ku
Édition Koji Shimomura	エディション・コウジ シモムラ		French	Minato-ku
Kaiseki Tsujitome	懐石 辻留		Japanese	Minato-ku
Crony	クローニー	p	French	Minato-ku
Jushu	壽修		Japanese	Minato-ku
Sukiyabashi Jiro Roppongiten	すきやばし 次郎 六本木店		Sushi	Minato-ku
Seizan	晴山		Japanese	Minato-ku
Seisoka	青草窠		Japanese	Minato-ku
Daigo	醍醐		Shojin	Minato-ku
Tempura Ginya	天ぷら 銀屋		Tempura	Minato-ku



GUIDE MICHELIN

NARISAWA	NARISAWA		Innovative	Minato-ku
PIERRE GAGNAIRE	ピエール・ガニエール		French	Minato-ku
Higashiazabu Amamoto	東麻布 天本		Sushi	Minato-ku
PRISMA	プリズマ		Italian	Minato-ku
L'ATELIER de Joël Robuchon	ラトリエ ドゥ ジョエル・ロブション		French	Minato-ku
Ryuzu	リューズ		French	Minato-ku
LA TABLE de Joël Robuchon	ラ ターブル ドゥ ジョエル・ロブション		French	Meguro-ku



Name of the restaurant		/ 	Type of cuisine	District
Torishiki	鳥しき		Yakitori	Shinagawa-ku
abysse	アビス		French	Shibuya-ku
au deco	おでこ		French	Shibuya-ku
Ode	オード		French	Shibuya-ku
Simplicité	サンプリシテ		French	Shibuya-ku
sio	sio		Innovative	Shibuya-ku
Jukuseizushi Yorozu	熟成鮨 万		Sushi	Shibuya-ku
Sincère	シンシア		French	Shibuya-ku
TACUBO	タクボ		Italian	Shibuya-ku
Takumi Sushi Owana	匠 鮨 おわな		Sushi	Shibuya-ku
Tamawarai	玉笑		Soba	Shibuya-ku
DEN KUSHI FLORI	デンクシフロリ		Innovative	Shibuya-ku
Nanakusa	七草		Japanese	Shibuya-ku
BOTTEGA	ボッテガ		Italian	Shibuya-ku
LATURE	ラチュレ		French	Shibuya-ku
Le Coq	ル・コック		French	Shibuya-ku
Regalo	レガーロ		Italian	Shibuya-ku
recte	レクテ		French	Shibuya-ku

GUIDE MICHELIN

Les enfants gâtés	レザンファン ギャテ		French	Shibuya-ku
WASA	WASA	N	Chinese	Shibuya-ku
Akebonobashi Marutomi	曙橋 まる富		Japanese	Shinjuku-ku
Arakicho Tatsuya	荒木町 たつや		Japanese	Shinjuku-ku
Kaiseki Ohara	懐石 大原		Japanese	Shinjuku-ku
Sharikimon Onozawa	車力門 おの澤	N	Japanese	Shinjuku-ku
Seika Kobayashi	青華 こばやし		Japanese	Shinjuku-ku
SOBAHOUSE KONJIKI HOTOTOGISU	SOBAHOUSE 金色不如帰		Ramen	Shinjuku-ku
Tanimoto	多仁本		Japanese	Shinjuku-ku
Hato	波濤		Sushi	Shinjuku-ku
FUSHIKINO	ふしきの		Japanese	Shinjuku-ku
Floraison	フロレゾン	N	French	Shinjuku-ku
LUGDUNUM Bouchon Lyonnais	ルグドゥヌム ブション リヨネ		French	Shinjuku-ku
Le Mange-Tout	ル・マンジュ・トゥー		French	Shinjuku-ku
Asagaya BIRD LAND	阿佐ヶ谷バードランド		Yakitori	Suginami-ku
Yakitori Omino	焼鳥 おみ乃		Yakitori	Sumida-ku
Shunso	春草		Japanese	Setagaya-ku
Sushidokoro Kiraku	鮨処 喜楽		Sushi	Setagaya-ku
Tempura Shimomura	てんぷら 下村		Tempura	Taito-ku
Aroma Fresca	アロマフレスカ		Italian	Chuo-ku
Oniku Karyu	おにく 花柳		Beef Specialities	Chuo-ku
Oryori Katsushi	御料理 かつ志		Japanese	Chuo-ku
Kyobashi Tempura Fukamachi	京橋 てんぷら 深町		Tempura	Chuo-ku
Ginza Adachi Naoto	銀座 安達直人		Japanese	Chuo-ku
GINZA OKUDA	銀座 奥田		Japanese	Chuo-ku
Ginza Kitafuku	銀座 きた福		Crab Specialities	Chuo-ku
Ginza Toyoda	銀座 とよだ		Japanese	Chuo-ku

GUIDE MICHELIN

Ginza Fujiyama	銀座 ふじやま		Japanese	Chuo-ku
Ginza Yamanobe Edo Chuka	銀座 やまの辺 江戸中華		Chinese	Chuo-ku
Genyadana Hamadaya	玄冶店 濱田家		Japanese	Chuo-ku
Shigematsu	茂松		Japanese	Chuo-ku
Jyukou	寿こう		Japanese	Chuo-ku
Shunkeian Arakaki	旬恵庵 あら垣		Tempura	Chuo-ku
Shokuzen Abe	喰善 あべ		Japanese	Chuo-ku
Sushi Kuwano	鮨 くわ野		Sushi	Chuo-ku
Sushi Keita	鮨 桂太		Sushi	Chuo-ku
Sushi Kojima	鮨 こじま	N	Sushi	Chuo-ku
Sushi Hashimoto	鮨 はしもと		Sushi	Chuo-ku
Sushi Murayama	鮨 むらやま		Sushi	Chuo-ku
Seiju	清壽		Tempura	Chuo-ku
Takagakino Sushi	高柿の鮨		Sushi	Chuo-ku
Tapas Molecular Bar	タパス モラキュラーバー		Innovative	Chuo-ku
Chukasoba Ginza Hachigou	中華そば 銀座 八五	P	Ramen	Chuo-ku
Tempura Yaguchi	天ぷら やぐち	N	Tempura	Chuo-ku
Dominique Bouchet	ドミニク・ブシェ		French	Chuo-ku
Nihombashi Sonoji	日本橋 蕎ノ字		Tempura	Chuo-ku
nôl	ノル	N	Innovative	Chuo-ku
BIRD LAND	バードランド		Yakitori	Chuo-ku
FARO	ファロ		Italian	Chuo-ku
BVLGARI IL RISTORANTE LUCA FANTIN	ブルガリ イル・リストランテ ルカ・ファンティン		Italian	Chuo-ku
Makiyaki Ginza Onodera	薪焼 銀座おのでら		French	Chuo-ku
Yuan Yamori	由庵 矢もり		Soba	Chuo-ku
L'AFFINAGE	ラフィナーージュ		French	Chuo-ku
La Paix	ラペ		French	Chuo-ku
L'ARGENT	ラルジャン	N	French	Chuo-ku

GUIDE MICHELIN

Ren Mishina	蓮 三四七		Japanese	Chuo-ku
Akasaka Momonoki	赤坂 桃の木		Chinese	Chiyoda-ku
ALTER EGO	アルテレーゴ		Italian	Chiyoda-ku
Ishibashi	いし橋		Sukiyaki	Chiyoda-ku
ESTERRE	エステール		French	Chiyoda-ku
est	エスト	N	French	Chiyoda-ku
SANT PAU	サンパウ		Spanish	Chiyoda-ku
SÉZANNE	セザン	N	French	Chiyoda-ku
Chugoku Hanten Kohakukyu (Amber Palace)	中国飯店 琥珀宮		Chinese	Chiyoda-ku
TOUR D'ARGENT	トゥールダルジャン		French	Chiyoda-ku
Nœud. TOKYO	ヌー トウキョウ	N /	French	Chiyoda-ku
Les Saisons	レ セゾン		French	Chiyoda-ku
Sosakumenkobo NAKIRYU	創作麺工房 鳴龍		Ramen	Toshima-ku
Ishibashi	石ばし		Freshwater Eel	Bunkyo-ku
Edomae Shinsaku	江戸前 晋作		Tempura	Bunkyo-ku
Akasaka Izumi	赤坂 いづみ		Pufferfish	Minato-ku
Akasaka Ogino	赤坂 おぎ乃		Japanese	Minato-ku
Akanezaka Onuma	茜坂大沼	N	Japanese	Minato-ku
Akiyama	あき山		Japanese	Minato-ku
Azabu Ichigo	あざぶ 一期		Oden	Minato-ku
Azabujuban Fukuda	麻布十番 ふくだ		Japanese	Minato-ku
Azabu Rokkaku	麻布 六角		Izakaya	Minato-ku
Azabu Wakei	麻布 和敬		Japanese	Minato-ku
L'ALGORITHME	アルゴリズム		French	Minato-ku
Alchimiste	アルシミスト		French	Minato-ku
Ichita	いち太		Japanese	Minato-ku
itsuka	慈華		Chinese	Minato-ku
Imafuku	今福		Sukiyaki	Minato-ku
Okamoto	おかもと		Japanese	Minato-ku

GUIDE MICHELIN

Onarimon Haru	御成門 はる		Japanese	Minato-ku
Oryori Tsuji	御料理 辻		Japanese	Minato-ku
L'orgueil	オルグイユ		French	Minato-ku
Kasumicho Yamagami	霞町 やまがみ		Japanese	Minato-ku
Jizozushi	地藏鮓		Sushi	Minato-ku
Shichubo Yung	私厨房 勇		Chinese	Minato-ku
ShinoiS	シノワ		Chinese	Minato-ku
JO	上		Beef Specialities	Minato-ku
Series	シリーズ		Chinese	Minato-ku
Shimbashi Sasada	新ばし 笹田		Japanese	Minato-ku
Sushi Sugaya	鮓 すが弥		Sushi	Minato-ku
Sushi Masashi	鮓 将司	N	Sushi	Minato-ku
Sushi Matsuura	鮓 まつうら	N	Sushi	Minato-ku
Sushiya Shota	すし家 祥太		Sushi	Minato-ku
Sushi Ryujiro	鮓 龍次郎	N	Sushi	Minato-ku
Sumibikappo SHIROSAKA	炭火割烹 白坂		Japanese	Minato-ku
Sorahana	空花	N	Japanese	Minato-ku
Takumi	Takumi		French	Minato-ku
Tagetsu	太月		Japanese	Minato-ku
Chugoku Hanten Fureika	中国飯店 富麗華		Chinese	Minato-ku
Tenoshima	てのしま		Japanese	Minato-ku
Tempura Maehira	てんぷら 前平		Tempura	Minato-ku
Tempura Motoyoshi	天ぷら 元吉		Tempura	Minato-ku
Ten Yokota	天 よこた	N	Tempura	Minato-ku
Towa	常		Japanese	Minato-ku
Nanachome	七鳥目		Yakitori	Minato-ku
Nishiazabu Otake	西麻布 大竹	N	Japanese	Minato-ku
Nishiazabu Sushi Shin	西麻布 鮓 真		Sushi	Minato-ku
Nishiazabu Taku	西麻布 拓		Sushi	Minato-ku
Nogizaka Shin	乃木坂 しん		Japanese	Minato-ku

GUIDE MICHELIN

Nodaiwa Azabu Iikura Honten	野田岩 麻布飯倉本店		Freshwater Eel	Minato-ku
Hakuun	伯雲	N	Japanese	Minato-ku
Hananoren Kagura	花のれん 花楽		Japanese	Minato-ku
Principio	プリンチピオ		Italian	Minato-ku
Mimosa	ミモザ		Chinese	Minato-ku
La Clairière	ラクレリエール		French	Minato-ku
l'intemporel	ランタンポレル		French	Minato-ku
Ristorante HONDA	リストランテ ホンダ		Italian	Minato-ku
REQUINQUER	ルカンケ		French	Minato-ku
le sputnik	ル・スプートニク		French	Minato-ku
L'aube	ローブ		French	Minato-ku
Waketokuyama	分とく山		Japanese	Minato-ku
Ensui	炎水	N	Japanese	Meguro-ku
CRAFTALE	クラフタル		French	Meguro-ku
Sushi Takamitsu	鮨 尚充		Sushi	Meguro-ku
Tempura Miyashiro	天婦羅 みやしろ		Tempura	Meguro-ku
TEN-MASA	天雅		Japanese	Meguro-ku
L'ASSE	ラッセ		Italian	Meguro-ku



Name of the restaurant		/ N	Type of cuisine	District
Uzukino Honten	宇豆基野 本店		Japanese	Adachi-ku
Tempura Shinagawa	天ぷら しな川		Tempura	Adachi-ku
Ramen Nijubunnoichi	Ramen にじゅうぶんのいち		Ramen	Arakawa-ku
Ramenya Toy Box	ラーメン屋 トイ・ボックス		Ramen	Arakawa-ku
Shinjiko Shijimi Chukasoba Kohaku	宍道湖しじみ中華蕎麦 琥珀		Ramen	Ota-ku
Sobaya Morihiro	蕎麦や もりひろ		Soba	Ota-ku
Tonkatsu Enraku	とんかつ 燕楽		Tonkatsu	Ota-ku
Higawa	樋川		Izakaya	Ota-ku

GUIDE MICHELIN

Washokuya Taichi	和食や 太いち		Izakaya	Ota-ku
Gimpachitei Yazawa	吟八亭 やざ和		Soba	Katsushika-ku
Nonokura	ののくら		Ramen	Katsushika-ku
Ittoan	一東菴		Soba	Kita-ku
King Seimen	キング製麺		Ramen	Kita-ku
O2	オーツー		Chinese	Koto-ku
TRATTORIA BUCA'MASSIMO	トラットリア ブカ・マッシモ		Italian	Koto-ku
Pizzeria Bella Napoli	ピッツェリア ベッラ ナポリ		Pizza	Koto-ku
RISTORANTE Cucina Shige	リ스토랑テ クチーナ・シゲ		Italian	Koto-ku
L'INSIEME	リンシエメ		Pizza	Koto-ku
Sumiyaki Yoshicho	炭焼き よし鳥		Yakitori	Shinagawa-ku
BistroCaniche	ビストロカニッシュ	N	French	Shinagawa-ku
Homemade Ramen Muginae	Homemade Ramen 麦苗		Ramen	Shinagawa-ku
Menya sign	麺屋 彩音	N	Ramen	Shinagawa-ku
Mochibuta Tonkatsu Taiyo	もち豚とんかつ たいよう		Tonkatsu	Shinagawa-ku
Yakitori Abe	やきとり 阿部		Yakitori	Shinagawa-ku
Äta	アタ		French	Shibuya-ku
Arrocería Sal y Amor	アロセリア サル イ アモール		Spanish	Shibuya-ku
Ăn Cơm	アンコム	N	Vietnamese	Shibuya-ku
Andagyozs	按田餃子		Dumplings	Shibuya-ku
Ăn Đì	アンディ		Vietnamese	Shibuya-ku
Katsuo Shokudo	かつお食堂	N	Japanese	Shibuya-ku
Kankokushokudo Iru Sakaagaru	韓国食堂 入ル 坂上ル		Korean	Shibuya-ku
Kigaruniwashoku Dan	キガルニワシヨク弾		Izakaya	Shibuya-ku
Kinoshita	キノシタ	N	French	Shibuya-ku
Gracia GASTROBAR de Barcelona	グラシア ガストロバル デ バルセロナ	N	Spanish	Shibuya-ku
Cristiano's	クリスチアノ		Portuguese	Shibuya-ku

GUIDE MICHELIN

Kotaro	高太郎		Izakaya	Shibuya-ku
Concerto	コンチェルト		Italian	Shibuya-ku
Shikigohan Harema	四季ごはん 晴れ間。		Japanese	Shibuya-ku
Shizuru	静流		Japanese	Shibuya-ku
jeeten	ジーテン		Chinese	Shibuya-ku
Shuka Nomoto	酒家 の元	N	Izakaya	Shibuya-ku
Shoto Lamp	松濤 爛缶	N	Izakaya	Shibuya-ku
SUSHI KOURIN	すし 光琳	N	Sushi	Shibuya-ku
SUSHI SOTATSU	すし 宗達		Sushi	Shibuya-ku
SŌWADŌ	創和堂	N	Izakaya	Shibuya-ku
Chukakosai JASMINE	中華香彩 ジャスミン		Chinese	Shibuya-ku
Tonkatsu Nanaido	とんかつ 七井戸		Tonkatsu	Shibuya-ku
Nakatogawa	中戸川		Izakaya	Shibuya-ku
Nihao	您好		Dumplings	Shibuya-ku
bistro Tiroir	ビストロ ティロワ		French	Shibuya-ku
Bistro Némot	ビストロ ネモ	N	French	Shibuya-ku
falò	ファロ		Italian	Shibuya-ku
BRAMASOLE	ブラマソーレ		Italian	Shibuya-ku
bépocah	ベポカ		Peruvian	Shibuya-ku
Pork Vindaloo Taberu Fukudaitoryo	ポークビンダルー食べる 副大統領		Curry	Shibuya-ku
Mar de Cristiano	マル・デ・クリスチアノ		Portuguese	Shibuya-ku
yoyonam	ヨヨナム		Vietnamese	Shibuya-ku
Ryukyu Chinese Dining TAMA	琉球チャイニーズダイニング TAMA		Okinawa Cuisine	Shibuya-ku
Le cabaret	ル・キャバレ		French	Shibuya-ku
REI	REI	N	Chinese	Shibuya-ku
roku	roku	N	French	Shibuya-ku
Los Reyes Magos	ロス レイエス マーゴス		Spanish	Shibuya-ku
Akitaryori Gojome	秋田料理 五城目		Izakaya	Shinjuku-ku
Akebonobashi Kazu	曙橋 かず		Japanese	Shinjuku-ku
Arakicho Rokkan	荒木町 ろっかん		Japanese	Shinjuku-ku
estación	エスタシオン		Spanish	Shinjuku-ku



GUIDE MICHELIN

ENGINE	エンジン		Chinese	Shinjuku-ku
Odenya den	おでんや den		Oden	Shinjuku-ku
Kan Coffee Fujifuji	爛コーヒー 藤々		Izakaya	Shinjuku-ku
Kyorakutei	蕎楽亭		Soba	Shinjuku-ku
Kirimugiya Jinroku	切麦や 甚六	N	Udon	Shinjuku-ku
Sharikimon Chawambu	車力門 ちやわんぶ		Tonkatsu	Shinjuku-ku
Shuko Takigiya	酒肴 タキギヤ		Izakaya	Shinjuku-ku
Sushidokoro Shigeru	すし処 志げる		Sushi	Shinjuku-ku
Spicy Curry Roka	スパイシー カレー 魯珈		Curry	Shinjuku-ku
Chugokusai Zen Raku Bou	中国菜 膳楽房		Chinese	Shinjuku-ku
Chugokusai chillin'	中国菜 智林		Chinese	Shinjuku-ku
Dennoji	田のじ		Oden	Shinjuku-ku
Tonkatsu Hinata	とんかつ ひなた		Tonkatsu	Shinjuku-ku
BOLT	ボルト		French	Shinjuku-ku
Meishan	梅香		Chinese	Shinjuku-ku
you-en	遊猿		Chinese	Shinjuku-ku
L'AMITIE	ラミティエ		French	Shinjuku-ku
Washokuto Washu Ogata	和食と和酒 おがた	N	Japanese	Shinjuku-ku
Gyozabo Chohakkai	餃子坊 豚八戒		Dumplings	Suginami-ku
Komatsu	小満津		Freshwater Eel	Suginami-ku
Sanukiya	さぬきや		Udon	Suginami-ku
Spice	すぱいず		Curry	Suginami-ku
Sennomago	仙ノ孫		Chinese	Suginami-ku
Tomato	トマト		Curry	Suginami-ku
Tonkatsu Keita	とんかつ けい太	N	Tonkatsu	Suginami-ku
Tonkatsu Narikura	とんかつ 成蔵		Tonkatsu	Suginami-ku
Neiroya	ねいろ屋		Ramen	Suginami-ku
Maniwa	まにわ		Japanese	Suginami-ku
Maruyama Gyoza	丸山餃子製作所		Dumplings	Suginami-ku

GUIDE MICHELIN

Seisakujo				
Menson RAGE	麵尊 RAGE		Ramen	Suginami-ku
ÉTAPE	エタップ	N	French	Sumida-ku
Edosoba Hosokawa	江戸蕎麦 ほそ川		Soba	Sumida-ku
San Jacopino	サン ヤコピーノ		Italian	Sumida-ku
sugahara	sugahara	N	Italian	Sumida-ku
SPiCE Cafe	スパイスカフェ	N	Curry	Sumida-ku
Chanko Kawasaki	ちゃんこ 川崎		Chanko	Sumida-ku
Chanko Masuiyama	ちゃんこ 増位山		Chanko	Sumida-ku
Tonkatsu Hasegawa	とんかつ はせ川		Tonkatsu	Sumida-ku
infusion	アンフュージョン		French	Setagaya-ku
Ikejiri Asano	池尻 浅野		Japanese	Setagaya-ku
Urokogumo	うろこ雲		Izakaya	Setagaya-ku
ENRIQUE MARRUECOS	エンリケマルエコス		Moroccan	Setagaya-ku
Cosi Com'è	コジコメ		Italian	Setagaya-ku
Shunsai Oguraya	旬菜 おぐら家		Japanese	Setagaya-ku
Seijo Seika	成城青果	N	Ramen	Setagaya-ku
Seki Hanare	セキ ハナレ		Japanese	Setagaya-ku
Setagaya Chukasoba Soshigaya Nanachome Shokudo	世田谷中華そば祖師谷 七丁目食堂	N	Ramen	Setagaya-ku
Sobamae Nagae	蕎麦前 ながえ、		Soba	Setagaya-ku
Chukasoba KOTETSU	中華そば こてつ		Ramen	Setagaya-ku
Tohakuan Karibe	東白庵 かりべ		Soba	Setagaya-ku
Hassho	八昌		Okonomiyaki	Setagaya-ku
BISTRO GLOUTON	ビストロ グルトン		French	Setagaya-ku
Hutong Sanki	胡同 三崑		Chinese	Setagaya-ku
Yakitori Shira	やきとりShira	N	Yakitori	Setagaya-ku
Ramen Koike	らめめん小池		Ramen	Setagaya-ku
LANBRoA	ランブロア		Spanish	Setagaya-ku
Lien	リアン		French	Setagaya-ku
Onigiri Asakusa	おにぎり 浅草 宿六		Onigiri	Taito-ku

GUIDE MICHELIN

Yadoroku				
KAMIYA	香味屋		Yoshoku	Taito-ku
Sugita	すぎ田		Tonkatsu	Taito-ku
Torinao	鳥なお		Yakitori	Taito-ku
Tompachitei	とん八亭		Tonkatsu	Taito-ku
noura	noura		French	Taito-ku
Hatsuogawa	初小川	N	Freshwater Eel	Taito-ku
Ponta Honke	ぽん多 本家		Yoshoku	Taito-ku
ARROCERÍA La Panza	アロセリア ラ パンサ		Spanish	Chuo-ku
EN FACE	アンファス		French	Chuo-ku
Ohjuri Sa Rang Chae	王十里 サランチエ		Korean	Chuo-ku
Osteria da K. [káppa]	オステリア ダ カッパ		Italian	Chuo-ku
Katsuyoshi	かつ好		Tonkatsu	Chuo-ku
Shikinoshoku Saito	四季の食 さいとう		Japanese	Chuo-ku
Dhaba India	ダバ インディア		Indian	Chuo-ku
Tsukiji Bunkajin	つきじ 文化人		Soba	Chuo-ku
Teuchisoba Narutomi	手打ち蕎麦 成富		Soba	Chuo-ku
Tempura Abe Hacchometen	てんぷら 阿部 8丁目店		Tempura	Chuo-ku
TEMPURA TSUJIMURA	天麩羅 つじ村		Tempura	Chuo-ku
Tokihami	時喰み		Izakaya	Chuo-ku
Neki	Neki	N	French	Chuo-ku
Noto Kanazawanosachi Ginza Furuta	能登 金沢の幸 銀座 ふる田		Japanese	Chuo-ku
Hamacho Kaneko	浜町 かねこ		Soba	Chuo-ku
Bangera's Kitchen	バンゲラズ キッチン		Indian	Chuo-ku
bistro simba	ビストロ・シンバ		French	Chuo-ku
The Pizza Bar on 38th	ピッツァバー on 38th		Pizza	Chuo-ku
mille	ミル		French	Chuo-ku
YAMATO	YAMATO		Izakaya	Chuo-ku
La Boucherie Goûtons	ラ ブーシュリー グートン		French	Chuo-ku

GUIDE MICHELIN

LA BETTOLA da Ochiai	ラ・ベットラ・ダ・オチアイ		Italian	Chuo-ku
Les Copains de DOMINIQUE BOUCHET	レ・コパン ドゥ ドミニク・ブシェ		French	Chuo-ku
L'ottocento	ロットチェント		Italian	Chuo-ku
L'oiseau	ロワゾー		Yakitori	Chuo-ku
Kippeï	吉平		Tonkatsu	Chiyoda-ku
Gyozanomise Okei	餃子の店 おけ以		Dumplings	Chiyoda-ku
Kinfuku Hong Kong Bishoku	錦福 香港美食		Chinese	Chiyoda-ku
Jimbocho Kurosu	神保町 黒須		Ramen	Chiyoda-ku
Sumatra Curry Kyoëido	スマトラカレー 共栄堂		Curry	Chiyoda-ku
Seiyoryori Shichijo	西洋料理 七條		Yoshoku	Chiyoda-ku
Toritsune Shizendo	鳥つね 自然洞		Chicken Specialities	Chiyoda-ku
Nemurian	眠庵		Soba	Chiyoda-ku
Bistro Beppinsha	ビストロベっぴん舎		Curry	Chiyoda-ku
Ponchiken	ポンチ軒		Tonkatsu	Chiyoda-ku
Marugo	丸五		Tonkatsu	Chiyoda-ku
Katchar Batchar	カッチャル バッチャル	N	Curry	Toshima-ku
Kushikomabo	串駒房		Oden	Toshima-ku
Kushikoma Honten	串駒 本店		Izakaya	Toshima-ku
Takemasa	竹政		Izakaya	Toshima-ku
Teuchisoba Kikutani Sugamo Honten	手打そば 菊谷 巢鴨本店		Soba	Toshima-ku
Negima	ねぎま		Japanese	Toshima-ku
Matsunozushi	松野寿し		Sushi	Toshima-ku
Mejiro Shunkotei	目白 旬香亭		Yoshoku	Toshima-ku
Sushi Yoshino	鮨 与志乃		Sushi	Nakano-ku
Nakano Chuka ! Sai	なかの中華 ! Sai		Chinese	Nakano-ku
Toricho	鳥長		Yakitori	Nerima-ku
canade	canade	N	Italian	Bunkyo-ku

GUIDE MICHELIN

Kissui Hananoren	生粋 花のれん		Ramen	Bunkyo-ku
Konakara Honten	こなから 本店		Oden	Bunkyo-ku
Si・ba・ki	Si・ba・ki		French	Bunkyo-ku
Soba Takashima	蕎麦 高しま	N	Soba	Bunkyo-ku
Chukasoba Nishino	中華蕎麦 にし乃		Ramen	Bunkyo-ku
Hashimoto	はし本		Freshwater Eel	Bunkyo-ku
Hoei	豊栄		Chinese	Bunkyo-ku
Yoshoku Wine Fritts	洋食・ワイン フリッツ		Yoshoku	Bunkyo-ku
Watabe	わたべ		Freshwater Eel	Bunkyo-ku
anikò	アニコ		Italian	Minato-ku
AMANOYA	天のや		Okonomiyaki	Minato-ku
Araishoten	荒井商店		Peruvian	Minato-ku
Osobano Kouga	おそばの甲賀	N	Soba	Minato-ku
Grace	グレイス		Korean	Minato-ku
COMME À LA MAISON	コム・ア・ラ・メゾン		French	Minato-ku
CHARCUT	シャルキュ		French	Minato-ku
Shimbashi Kamata	新橋 かま田		Oden	Minato-ku
Soba Osame	蕎麦 おさめ		Soba	Minato-ku
Soba Tajima	蕎麦 たじま		Soba	Minato-ku
T'astous	タストゥー		French	Minato-ku
Tachiguizushi Akira	立喰い寿司 あきら	N	Sushi	Minato-ku
TXIKI PLAKA	テキィ プラカ		Spanish	Minato-ku
TORITAMA Honkan	酉玉 本館		Yakitori	Minato-ku
PST Roppongiten	PST 六本木店		Pizza	Minato-ku
Ma Cuisine	マ・キュイジーヌ		French	Minato-ku
MOELLEUSE	モフルーズ		French	Minato-ku
Yakitori Kato	焼鳥 嘉とう		Yakitori	Minato-ku
Yakitori HARUKA	やきとり 陽火	N	Yakitori	Minato-ku
UNE PINCÉE	ユヌ パンセ		French	Minato-ku
YŌSHOKU BISTRO TŌYAMA	洋食ビストロ TŌYAMA	N	Yoshoku	Minato-ku

GUIDE MICHELIN

La Trattoriaccia	ラ・トラットリアッチャ		Italian	Minato-ku
La Brianza	ラ・ブリアンツァ		Italian	Minato-ku
Le Bouton	ル・ブトン		French	Minato-ku
Les jardin des dodine	レ ジャルダン デ ドディーヌ		French	Minato-ku
ROZZO SICILIA	ロッツォ シチリア	N	Italian	Minato-ku
LAUBURU	ローブリュー		French	Minato-ku
AUDACE	アウダーチェ		Italian	Meguro-ku
Ametsuchi	あめつち		Izakaya	Meguro-ku
Ikejiri Ohashi Hitoshizuku	池尻大橋 ひとしずく	N	Izakaya	Meguro-ku
Chukasoba Horikawa	中華そば 堀川	N	Ramen	Meguro-ku
Teuchisobadokoro Shisen-an	手打蕎麦処 紫仙庵		Soba	Meguro-ku
D'êtraison	デトレゾン		French	Meguro-ku
Toriyaki Sasaya	鳥焼 笹や		Yakitori	Meguro-ku
Tonkatsu Tengen	とんかつ 天元	N	Tonkatsu	Meguro-ku
Bar Enrique	バル エンリケ		Spanish	Meguro-ku
Bistro topology	ビストロ トポロジー		French	Meguro-ku
Meguro Sushi Taichi	目黒 すし太一		Sushi	Meguro-ku
YAKUMO	八雲		Ramen	Meguro-ku
hugo	ユーゴ		French	Meguro-ku
Le Monde Gourmand	ル モンド グルマン		French	Meguro-ku

Name of the restaurant		N	Type of cuisine	District
Quintessence	カンテサンス		French	Shinagawa-ku
Sincère	シンシア		French	Shibuya-ku
Den	傳		Japanese	Shibuya-ku



## GUIDE MICHELIN

Florilège	フロリレージュ		French	Shibuya-ku
LATURE	ラチュレ		French	Shibuya-ku
FARO	ファロ		Italian	Chuo-ku
La Paix	ラペ		French	Chuo-ku
L'OSIER	ロオジエ		French	Chuo-ku
Nœud. TOKYO	ヌー トウキョウ		French	Chiyoda-ku
Crony	クローニー		French	Minato-ku
Sazenka	茶禅華		Chinese	Minato-ku
NARISAWA	NARISAWA		Innovative	Minato-ku
Ma Cuisine	マ・キュイジーヌ		French	Minato-ku
L'Effervescence	レフェルヴェソンス		French	Minato-ku